

# WETHERSFIELD ADULT EDUCATION SPRING 2020 CATALOG

Continuing Education Courses Are Open to Adults In **ALL** Towns

**Continuing Education  
Registration Information**

*Listed on page 7*



**411 Wolcott Hill Road, Wethersfield, CT 06109 860-571-8250**

**A member of VRABE Regional Adult Based Education**

# Welcome to Wethersfield Adult Education

Wethersfield Public Schools in collaboration with VRABE Regional Adult Based Education (VRABE) is proud to offer Wethersfield residents access to several high school completion programs, (GED prep, National External Diploma and Credit Diploma programs), ESL and Citizenship classes (pg 3-6). The Adult Education Enrichment/Continuing Education section of our catalog (beginning on pg 7) offers adults in **ALL towns** a wide variety of health, fitness, hobby, craft and financial planning classes. Explore our catalog to find what's right for you to continue learning something new every day. **Be a lifetime learner!**



**Wethersfield Adult Education**  
411 Wolcott Hill Road  
Wethersfield, CT 06109  
860-571-8250

**Michael T. Emmett, Superintendent of Schools**

**Matthew Kozaka, Business Manager**  
Supervisor of Continuing Education

**Susan Marhefki, Continuing Ed Coordinator**

Phone: 860-571-8250

Hours: 11:00 - 3:30 p.m. Mon - Thurs  
11:00 - 3:00 p.m. Fri

Note: While classes are running our office will be closed Fridays but open Tues evenings.

**Andrew K. Rockett, Director of**  
**VRABE Regional Adult Based Education**  
*which includes Wethersfield Adult Education*

**Deborah Stewart-Karsmarski, Site Facilitator**

Phone: 860-571-8288

Hours: 5:00 - 9:00 p.m. Mon & Wed

CONTINUING ED/ENRICHMENT CLASSES  
ARE **OPEN TO**  
**ADULT RESIDENTS OF ALL TOWNS.**

WETH RESIDENCY IS **NOT** REQUIRED.  
**WE'D LOVE TO HAVE YOU JOIN US!!!**



**SEE PG 7 FOR FULL**  
**REGISTRATION**  
**INFORMATION**

**Registration form is inside the back cover.**  
**Register promptly so you won't be disappointed!**

## SPRING 2020 SCHEDULE

Classes will **NOT** meet on the following dates :

Mon Apr 13th , Tues Apr 14th  
and Wed Apr 15th when the District  
is on Spring Break

**Remember to mark**  
**your calendars!**



## CANCELLATION INFORMATION:

Adult and Continuing Education classes are not held whenever Wethersfield Public Schools are on vacation or closed due to inclement weather or other unanticipated reasons. Announcements will be placed on our main phone line, website, Facebook page, and with WFSB and WVIT stations. Classes will be made up if time permits. Occasionally a school event may limit our use of facilities. Instructors will notify you of these rare schedule changes.

*Some Federal Funds from The Workforce Investment Act (Title II) are used to fund this brochure. Wethersfield Adult Education and VRABE Regional Adult Based Education (VRABE) are members of the Connecticut Association for Adult and Continuing Education (CAACE).*



Find us on:  
**facebook.**

@wethersfieldadulthood

Wethersfield Public Schools, Wethersfield Adult Education and VRABE are committed to a policy of equal opportunity/affirmative action for all qualified persons and do not discriminate in any employment practice, education program, or educational activity on the basis of race, color, religious creed, sex, age, national origin, ancestry, marital status, sexual orientation, gender identity or expression, disability (including but not limited to intellectual disability, past or present history of mental disorder, physical disability or learning disability), genetic information or any other basis prohibited by Connecticut state and/or federal non-discrimination laws. Wethersfield Public Schools, Wethersfield Adult Education and VRABE do not unlawfully discriminate in employment and licensing against qualified persons with a prior criminal conviction. Inquiries regarding the District's nondiscrimination policies should be directed to Title IX and 504/ADA Coordinator, Mr. John Karzar, Dir of Special Services at 860-571-8141.

All activities offered by Wethersfield Adult Education are held in accessible locations. Accommodations for individuals with a disability are available upon request. Please contact Dr. Claudia Nunn at (860) 870-6060.



<https://wps.wethersfield.me> under Our Town ⇨ Adult Education

# General Information

**MANDATED CLASSES:** Please see pages 3-6 for GED, CDP, NEDP, ESL, Citizenship program information.

**ENRICHMENT/CONTINUING EDUCATION:** Enrichment courses are non-credit and are offered to adult residents of ALL towns. Space is filled on a first come first served basis. Full **REGISTRATION INFORMATION IS ON PG 7**. Use the Registration form located on inside the back cover. **Mail in begins immediately.** Get yours in **NOW!** Phone registration accepted beginning **JAN 23rd**. Sorry but our program does not allow drop-ins. You must register to attend class.

**DRIVER'S EDUCATION** and **SAT Prep** classes are the only classes students under 18 may register for. Forms available in the Adult Ed office.

**SCHOOL REGULATIONS:** Smoking or use of tobacco products is not permitted in any school building. The possession or use of alcohol or illicit drugs in school buildings or on school grounds is prohibited. Parking is permitted only in designated parking spaces. Fire regulations and alarms must be followed at all times.

**LOCATIONS:** Our office is located near the main entrance at Wethersfield High School. Classes in this catalog will be held at Wethersfield High School (WHS), Emerson Williams Elementary School (EW), Silas Deane Middle School. Visit our website for directions and room assignment changes. Other outside locations will be noted in class details.

**REFUNDS:** Refunds will **ONLY** be issued if a class is already filled or cancelled due to insufficient enrollment. No other requests will be honored. The registration fee is paid once per person per semester and is non-refundable. Please check your schedule before registering to avoid conflicts and remember to mark your calendar!

**COURSE FEES:** Everyone pays the listed course fee. Wethersfield seniors (62 years of age or older) may waive the registration fee. **No other discounts apply.**

**SUPPLIES & MATERIAL FEES:** Enrichment students are required to pay for their own supplies, textbooks and any lab or material fees. These will be noted in enrichment course descriptions. Fees paid directly to instructors must be cash or money order.

**CATALOG DISTRIBUTION:** Catalogs are mailed to all Wethersfield residential addresses. Copies are available in our office, at Wethersfield Town Hall, public libraries in Wethersfield, Rocky Hill, Glastonbury, West Hartford, Newington, and Cromwell and available in pdf form on the Adult Ed page of the Wethersfield Public Schools website: <https://wps.wethersfield.me> (under Our Town).

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**Website:** <https://wps.wethersfield.me> (Our Town)

**Facebook:** @wethersfieldadulthood

**Call for additional information:** (860) 571-8250



We accept MC/Visa/Discover credit card payments when enrolling in Enrichment/Continuing Education classes. Or checks payable to: **“Wethersfield Board of Education”**

# Adult Education

## MISSION STATEMENT

*The mission of the VRABE Regional Adult Based Education program, is to offer dynamic, multicultural services in an atmosphere of respect, appreciation, and acceptance of all. It is the goal of the Region to empower students with the knowledge and tools necessary to succeed both personally and professionally in a technologically advanced society.*

## PARTICIPATING TOWNS

The following fourteen towns participate in the FREE adult-based educational programs described in the next three pages. VRABE Regional Adult Based Education provides these programs which are funded by participating communities, state and federal grants, and other grant sources.

ASHFORD	GRISWOLD
BOLTON	MANSFIELD
COLCHESTER	SOUTH WINDSOR
COVENTRY	TOLLAND
EAST WINDSOR	VERNON
ELLINGTON	<b>WETHERSFIELD</b>
GLASTONBURY	WILLINGTON



## PROGRAMS

VRABE's programs are designed with busy adults in mind allowing them to:

- enhance skills to improve employability
- earn a high school diploma
- work on literacy skills
- improve English speaking, reading, & writing
- prepare for college
- study to earn U.S. Citizenship
- develop technology skills

VRABE's current programs include: CDP -Credit Diploma Program; NEDP-National External Diploma Program; GED® Test preparation classes; Citizenship classes; ESL-English as a Second Language; Adult Basic Education; Workplace Education. Find the program that fits your needs! See program descriptions on the following pages or visit us at [www.vrabe.com](http://www.vrabe.com)

## GED, CDP, & NEDP REGISTRATION & ORIENTATION

### ORIENTATION IS REQUIRED FOR ALL HIGH SCHOOL COMPLETION PROGRAMS

#### Students must:

1. Register for an Orientation online at [www.vrabe.com](http://www.vrabe.com) or call 860-870-6060
2. Bring to the Orientation: a current official transcript, a state issued ID (non-driver ID, valid driver's license or passport). If a student is 18 yrs or younger, they must also bring an official letter of withdrawal from a Connecticut high school.
3. At the Orientation, students learn about the three options for earning a high school diploma: CDP (Credit Diploma Program), NEDP (National External Diploma Program), and GED® Test Preparation Classes. Following an initial skills appraisal, students will schedule a one-on-one meeting with a counselor to develop a plan for high school completion.



# High School Completion Programs

## ABE (PRE-GED) CLASSES

This classroom-based course is designed for the student who needs to develop additional skills before enrolling in GED® test preparatory classes. Students work individually with the classroom teacher on math and basic literacy skills. Instructional levels range from beginning literacy to pre-GED readiness. For additional information, call 860-870-6060.

## GED® TEST PREPARATION CLASSES

This classroom-based course prepares students to pass the State of Connecticut administered GED® Exam. The computer-based GED® Test is administered at approved GED Testing Centers throughout the State. The GED® test covers four content areas - literacy, mathematics, science and social studies. Students 17 and older can enroll in the GED® test preparatory classes. Individuals ages 17 or 18 must submit documentation that they have been withdrawn from school for at least six months prior to registering for the test, or the class they entered ninth grade with has now graduated. An applicant 21 years of age or older and a non-veteran must pay a fee of \$13 to take the exam. There is no fee for individuals under the age of 21. Accommodations on the GED® test are available for qualified individuals with a disability. We offer GED® test preparation classes in Colchester, Coventry East Windsor, Glastonbury, Griswold, Mansfield, Vernon, **Wethersfield** and at Manchester Community College. Both day and evening classes are available in Vernon. For additional information, call 860-870-6060.

**GED® Test preparation classes at Wethersfield High School will begin Jan 13, 2020**

**Classes meet on Mondays & Wednesdays from 5:30 - 9:00 PM**  
**Enter building using Main Entrance**

**New students must attend Orientation**

## VRABE IS HERE TO HELP: FREE GED® Test preparation classes and practice tests.

- To register for the test, you must be a **CT resident**, at least **17 yrs. old**, and have a **valid photo ID**.
- If 17 or 18 yrs old, visit **www.vrabe.com** and click on GED® for additional documents needed.
- Testing is free if under 21 or a veteran, but costs \$13 to take or retake the test if 21 or older.

## COMPUTER-BASED GED® TEST

To learn more about the Computer-Based GED® Test visit one of the following websites:

**www.sde.ct.gov** - Adult Education then GED testing  
**www.ged.com**

## REGISTRATION PROCEDURE FOR GED® COMPUTER-BASED TEST:

- Test-takers can register online by visiting **www.GED.com** and clicking on "Create an account".  
OR
- Test-takers can register through the Pearson VUE call center at 1-877-EXAM-GED (392-6433);  
OR
- Test-takers can call VRABE Regional Adult Based Education (VRABE) at 860-870-6060 for additional information. You may also visit: [www.vrabe.com](http://www.vrabe.com)

*'GED® is a registered trademark of the American Council on Education (ACE) and administered exclusively by GED Testing Service LLC under license. This publication is not endorsed or approved by ACE or GED® Testing Service.'*

# High School Completion Programs

## HIGH SCHOOL CREDIT DIPLOMA (CDP)

The Credit Diploma Program (CDP) offers students an opportunity to fulfill the State of Connecticut requirements for high school completion by attending classes at one of our sites. Academic classes are structured to meet the graduation requirements of participating school districts and the needs of the students (with distance learning also an option). In addition, students may be awarded credit for work experience, military service, or volunteer services. A Vernon Regional Adult Education High School Diploma is granted upon completion of the program. We offer classes at William J. Johnston Middle School, E.O. Smith High School, Griswold High School and Rockville High School. For additional information, call 860-870-6060.



## NATIONAL EXTERNAL DIPLOMA PROGRAM (NEDP)

The National External Diploma Program (NEDP) provides students with a path toward high school completion. It is an ideal program for students who are motivated and self-directed. Students individually work with an assessor to demonstrate high school level mastery of skills. This computer-based program takes approximately 6-12 months to complete. A Vernon Regional High School Diploma is granted upon successful completion. This program is offered at our downtown Rockville Learning Center, E.O. Smith High School and at **Wethersfield High School**. For additional information, call 860-870-6060.

**THE STARTING DATES FOR CLASSES VARY ACCORDING TO PROGRAMS AND LOCATIONS.**



**For calendars and registration information please visit us online at [www.vrabe.com](http://www.vrabe.com)**

*Additional information can be found by accessing the Connecticut State Department of Education website at: [www.sde.ct.gov](http://www.sde.ct.gov)*

*VRABE Regional Adult Based Education is in compliance with Connecticut General Statutes Sec. 10-73a and does not charge a fee for any textbooks or materials used in the mandated program areas.*

*Individuals with a disability who require an accommodation in order to participate in any class, program or activity, should contact Dr. Claudia Nunn at 860-870-6060 for further assistance.*

**Accommodations on the GED® tests are available for qualified individuals with a disability. For more information, contact Dr. Claudia Nunn at 860-870-6060**

**or  
Sabrina Mancini at the Connecticut State Department of Education at 860-807-2110**

# ESL and Citizenship Courses

## ENGLISH AS A SECOND LANGUAGE (ESL)

The instruction in ESL classes is designed for adults who have limited proficiency in the English language or whose native language is not English. ESL programs assist individuals to improve their English skills in listening, speaking, reading and writing in order to find or maintain employment, attain citizenship, become more involved with their children's schooling and make greater use of community resources. Instruction is provided in English as a unifying means of serving the broad ethnic diversity of limited-English speaking adults. Classes are offered in Colchester, Glastonbury, East Windsor, Griswold, Mansfield, Tolland, Vernon and in **Wethersfield**. Some locations offer both day and evening classes. Small classes allow for active participation. This is a wonderful opportunity to experience a variety of cultures. For additional information, call 860-870-6060.

**ESL classes at  
Wethersfield High School meet on  
Mondays and Wednesdays  
from 6:00 - 9:00 pm**

**REGISTRATION IS January 13, 2020  
6:00-8:00 pm**

*\*You must bring a valid, state or government issued photo ID and official proof of address (bank statement, lease, utility bill, etc.)*

## CUSTOMER SERVICE & SALES CERTIFICATION COURSE

This **free** course is for students enrolled in VRABE's intermediate/advanced ESL classes, and others with permission. Develop communication and customer service selling skills to help you succeed in any career. Prepare for nationally recognized Customer Service and Sales certification from NRF (National Retail Federation). Expand employability and problem-solving skills .

**When:** Tuesdays 5:00-8:30 pm 1/28/20 to 5/5/20  
**Where:** **Wethersfield High School**, 411 Wolcott Hill Rd  
Wethersfield, CT 06109  
**Register:** Email: [shari.beaupre@vernonct.org](mailto:shari.beaupre@vernonct.org)  
or call 860-870-6060

## CITIZENSHIP

The instruction in this classroom-based program is designed for foreign-born adults who wish to become United States citizens. Persons completing this program are prepared to pursue citizenship through the prescribed process of the United States Citizenship and Immigration Services. Classes are held on Tuesday evenings, and the program is offered in Griswold, Vernon, and **Wethersfield**. Students must be able to read and converse in English well enough to pass an appraisal test, which is administered on the first night of class. For additional information, call 860-870-6060.



## FAMILY LEARNING CHILDCARE AT NO COST! EARN YOUR GED OR LEARN ENGLISH!

Do you have **young children**? Do you need your **GED®** (high school diploma)? Do you want to **improve your English**? **The Family Learning program** provides the following:

- complete your GED®
- improve your English language ability (ESL)
- develop your parenting skills
- become full partners in your child's education
- learn from guest speakers
- career counseling and employment readiness
- early childhood education at no cost.

You are your child's first and most important teacher. This program will give you additional tools to improve your children's success in school and in life. Space is limited. For additional information, call 860-870-6060.

### Vernon (ESL/GED)

Tuesdays, Wednesdays & Thursdays  
11:45 am - 2:45 pm

### Wethersfield (ESL)

**Trinity Episcopal Church**  
300 Main Street, Wethersfield  
Tuesdays, Wednesdays & Thursdays  
9:15 am - 12:15 pm

# Enrichment/Continuing Ed Information

Enrichment/Continuing Ed courses are non-credit and open to adults (18 yrs and over) residing in ALL towns.

**REGISTRATION** is accepted on a first-come, first-served basis and closes prior to class start date. **SORRY, but we cannot register you the night a class begins. NO drop-ins.** You must be registered to attend class.

**FEES:** Registration Fee is non-refundable and must be paid once per catalog/semester per person. Don't forget to include it when totalling your amount due to avoid delays in processing your enrollment. Wethersfield Seniors(62+) may waive this fee. **No other discounts apply.** Everyone pays the listed course fee.

**By MAIL:** Complete one form per person & **SEND NOW** with your payment to: **Wethersfield Adult Education, 411 Wolcott Hill Rd. Wethersfield, CT 06109**

**Checks payable to: "Wethersfield Board of Education"** or enter complete MC/Visa/Discover Card information on form. **NOTE: Checks or credit/debit transactions returned by your bank will incur an additional \$25 fee.**

**By PHONE:** If you are paying with MasterCard, Visa or Discover card, you may register by phone **starting JAN 23, 2020 Mon-Fri 11:00 am - 3:00 pm** by calling **860-571-8250**. Please have your course selections completed prior to calling. **Expect phones to be busy. Consider mailing in your form instead.**

## **DON'T WAIT! Register Promptly!**

Popular classes fill very quickly. Classes not meeting sufficient enrollment one week prior to start date will be canceled. **Nothing cancels a class quicker than waiting until the last minute to sign up!** Questions? Contact us at 860-571-8250

**WEBSITE INFORMATION:** Updates as classes fill or cancel and any room or schedule changes will be posted on the Adult Ed page of the Wethersfield Public Schools website <https://wps.wethersfield.me> **Please be sure to check often.**

**SAVE YOUR CATALOG!** You may need to refer back to the day/time of your class or you may decide to take a second look and sign up for something you missed the first time! Catalogs are mailed to all Wethersfield residential addresses. Copies can be found at the public libraries in Wethersfield, Rocky Hill, Glastonbury, West Hartford, Cromwell and Newington. The full catalog is also available online.

Our office is located near the main entrance at **Wethersfield High School**

Classes in this catalog are held at:  
**WETHERSFIELD HIGH SCHOOL (WHS)**  
411 Wolcott Hill Road  
**EMERSON-WILLIAMS ELEMENTARY (EW)**  
461 Wells Road  
**SILAS DEANE MIDDLE SCHOOL (SDMS)**  
551 Silas Deane Highway  
**other locations listed in course detail**



*Please check our website & Facebook page for location and room changes.*

## **CONFIRMATIONS ARE NOT SENT !**

**You will be notified if you DO NOT get into a class.** Include a self-addressed, stamped envelope with your registration form if you would like a confirmation.

**Remember to mark your calendar!**



## **REFUND POLICY**

In the event a class is already filled or is canceled you will be notified and your course fee returned. **Registration fee is non-refundable.**

**NO OTHER REFUNDS WILL BE ISSUED.**

## **SCHOOL CANCELLATION**

Adult Ed classes are not held when Weth Public Schools are on vacation or closed due to inclement weather/unanticipated reasons. Posts will be made on **WVIT, WFSB**, on our website, **Facebook** and a message on our main phone line: **(860) 571-8250**. Classes will be made up if time permits. If an individual instructor will be absent for any reason, he/she will make notifications and the class will be rescheduled.

## **DISCLAIMER REGARDING INSTRUCTORS**

While some are, the enrichment and general interest instructors are not required to be certified teachers. Instructors are selected for their expertise in the areas taught and courses are offered to expand the knowledge and skills of participants. Some courses are taught by practicing financial planners, promoters of investment products or services, or are actively involved in a some type of business related to the course they are offering. Wethersfield Adult Education endorses their ability as instructors, however, we do not promote the private services of the instructors nor the companies with whom they are associated.



# Special Offerings

## SAT PREPARATION

**Get prepped for the upcoming March 2020 SAT!** Led by certified Math and English teachers, **SAT Preparation** is a 10 hour intensive course covering the Verbal and Mathematics content tested on the SAT. This comprehensive course examines the typical patterns and tendencies of SAT questions and prepares students for the SAT structure and format. Students will learn valuable time management, and mental focusing techniques to improve their performance. With a familiarity of SAT question tendencies, test structure, time management, and focusing techniques, students will be more competitively prepared to achieve at high levels on the SAT. Each two hour session will be equally divided between the Math and Verbal instruction, with a short break in between. Students will receive all necessary course materials in class and should **bring a calculator, folder and pencils with them to class.** Enrollment is limited

**Tuesdays 3:00 - 5:15 PM for 5 weeks**  
**WHS Rooms 316 & 508**

**Meets 2/11, 2/25, 3/3, 3/10, 3/17**  
(3/24 snow date if needed)

*Note: class will NOT meet on 2/18*



**Instructors: Dan Jensen**  
**TBD**

**Course Fee: \$250**

Registration forms for this class can be picked up in the Adult Education Office or printed from the Adult Ed page of the WPS website. Payment is due with the returned form.

## AMERICAN SAFETY & HEALTH INSTITUTE CPR/AED TRAINING PROGRAM

If you witnessed a medical emergency would you be a bystander or a lifesaver? Preparation is the key. This American Safety & Health Institute (ASHI) CPR and AED training course is designed for the individual who seeks CPR and defibrillator training to be able to respond to sudden cardiac arrest and choking incidents. This CPR/AED course conforms to the 2015 American Heart Association Guidelines Update for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care. Students who successfully complete the required skills will receive certification that is valid for 2 years. Course fee includes all materials. Please wear comfortable clothes. Class is instruction and hands-on. **Class is limited to 20 students.**

**Wednesday 3/18 6:00-9:00 PM**  
**WHS Media Center**  
**Course Fee: \$48**



## DRIVER'S EDUCATION

This classroom and behind-the-wheel driving instruction course required to obtain a Connecticut Driver's license will be offered to 16 & 17 yr old students in 5-week sessions through Wethersfield Adult Education in cooperation with **Santo Driving School, LLC**. Each session will offer classroom instruction (30 hrs) at the high school, and behind-the-wheel instruction (8hrs) by appointment. The course will begin with the State-required 2 hour parent class the first night (student and one parent attend together). Remaining classes will be meet Mondays, Tuesdays and Wednesdays from 2:30 - 4:30 pm. **A non-refundable payment of \$540 is due with the completed application.** (This does not include DMV testing fees). Checks should be made payable to: Santo Driving School, LLC. *Students must be 16 years of age to enroll and must have or obtain their Learners Permit within 60 days of enrollment.* **Limit of 25 students.**

**Parent & Student Night 7:00-9:00 PM Thurs 2/20**  
**WHS Chorus Room**

**Student only classes 2:30-4:30 PM 2/24 - 3/25**  
**Mondays, Tuesdays, Wednesdays**  
(No class 3/4)  
**WHS Health Room (Room 51)**



Students may **pick up applications** in the Adult Education Office or parents may call to have one mailed home.

*\*After school classes will not meet on early dismissal days or when school is canceled or on vacation.*



## AMERICAN MAH JONGG

Learn to play the real game of Mah Jongg, a centuries old game of both skill and luck. Why American Mah Jongg? Hmmmm... let me tell you why! I have been playing Mah Jongg for over 45 years and I still love it! Join us and learn how to play this thoroughly enjoyable game, one which, once you learn you will be eager to teach your friends and family. Those with some experience who want a brush up are welcome too! **Enrollees must be able to attend the first class.** At that class you will also need to purchase your card (\$8 - \$10) which you will use throughout the 6 weeks. **Limit of 10 students**

**Tuesdays 6:30-8:30 P**  
**WHS Room 221**  
**6 weeks 2/25 - 3/31**  
**Instructor: Laurie Press**  
**Course Fee: \$70**



**Need help finding a class? Check our website for locations and directions or call us at 860-571-8250 for more information.**

# Arts and Crafts



## SEWING 101 - The Basics

Have you been promising yourself you'd learn to sew? In this hands-on 4-week course you'll learn how to thread and operate a sewing machine and some basics of sewing, like hems, elastic application, and french seams. Each week you will take home a different project. You'll create hair ties, fleece earbands, PJ pants and market totes. The classroom is equipped with sewing machines for you to use. Please bring your own fabric scissors. **Cash material fee of \$45 payable to the instructor the first night of class.** Limit of 8 students.



**Tuesdays 5:30-7:00 PM**  
**WHS Room 71G**  
**4 weeks 2/25 - 3/17**  
**Instructor: Ashley Parker**  
**Course Fee: \$46**



## SEWING 201 - Beyond The Basics Fleece Pullover and Zippered Toiletries Bag

Now that you have some knowledge of how to operate a sewing machine we will advance to more complicated tasks. In this hands-on 4-week course you'll learn how to inset sleeves, create undetectable hems and cowl necks while creating a fleece pullover. Basic zipper and lining application will be taught while creating an on-the-go toiletries bag. The classroom is equipped with sewing machines for you to use. Please bring your own fabric scissors. **Cash material fee of \$30 payable to the instructor the first night of class. Some machine operation knowledge is required.** Limit of 8 students.



**Tuesdays 5:30-7:00 PM**  
**WHS Room 71G**  
**4 weeks 4/7 - 5/05**  
*Note: class will not meet on 4/14*  
**Instructor: Ashley Parker**  
**Course Fee: \$46**

## QUILTING 101 -The Basics

Join us for this 3-week class and learn how to make a lap or crib sized quilt. Students will choose from a bowtie pattern or disappearing 9 patch pattern. You'll receive step by step instructions using a cut and twist pattern to create a varying pattern. It's easier than you think! The classroom is equipped with sewing machines for our use. Students should have a basic knowledge or enroll in Sewing 101 first. You will receive a supply list prior to class start with a cutting assignment to bring to the first class. **Estimated supply cost will be \$55 - \$75 depending on fabrics chosen.** Limit of 8 students



**Mondays 5:30-7:00 PM**  
**WHS Room 71G**  
**3 weeks 4/20 - 5/04**  
**Instructor: Ashley Parker**  
**Course Fee: \$32**

## PERSIAN/ORIENTAL RUG MAKING

This course will continue for **experienced students only**, who wish to work on their rugs in a social atmosphere. Come join long-time friends as you work toward finishing your project. Share tips you learned over the years with fellow students and of course memories of our beloved Babs. **Limit of 12 students.**



**Wednesdays 6:00-8:00 PM**  
**WHS Room 71G**  
**8 weeks 2/26 - 4/22**  
*Note: class will not meet on 4/15*  
**Instructor: Marian Gingras**  
**Course Fee: \$62**

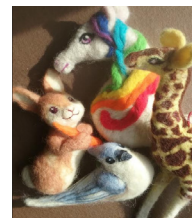
Please remember to bring listed material fees due to instructor on the night of class. Cash or Money Order only. Thank you!



## NEEDLE FELTING

Needle Felting (also called Dry Felting) is a craft that uses wool roving and specialized needles to make fun 3-dimensional sculptures, ornaments, dolls, animals and more! You can also create flat 2-dimensional beautiful pictures, landscapes, illustrations or patches for applique. This class is for absolute beginners all the way through to advanced crafters. Participants will receive supplies needed: foam pad, a variety of needles and wool throughout the sessions. Come learn something new! **Cash materials fee of \$15 due to the instructor the first night of class.** Limit of 10 students

**Mondays 6:00-7:30 PM**  
**WHS Room 71G**  
**4 weeks 3/2 - 3/23**  
**Instructor: D. Sassano**  
**Course Fee: \$46**



## SOY CANDLE MAKING

Learn scent to wax ratios and pouring techniques in this fun and informative workshop! Leave with 2 of your very own hand-made clean burning soy candles. You will have over 100 scents to choose from. Each candle burns over 25 hours each. All supplies included. A selection of tags, twine and gift bags will be provided as well to put the finishing touches on each of your candles. We use 100% soy, not blends and only organic cotton wicks. **Cash materials fee of \$20 due to the instructor the first night of class.** Limit of 18 students



**Monday 3/23 one session**  
**6:30-8:30 PM**  
**WHS Room 20**  
**Instructor: Laurie Lynne**  
**Creative Girl Studios**  
**Course Fee: \$28**

# Arts and Crafts



## INTRODUCTION TO ZENTANGLE

Zentangle, a pattern based art form that has been compared to yoga and meditation is relaxing, fun and increases creativity and focus. Create beautiful art while reducing stress through Zentangle, a method of drawing simple repeating patterns into stunning designs! From gridded patterns to flowing organics, we'll break down complex patterns into simple strokes as we develop creative and relaxed focus. Come join us as we start at the beginning, learning anything is possible....one stroke at a time! No art experience or background necessary. Prepare to become obsessed and yet relaxed with this beautiful art form. Class taught by a Certified Zentangle Teacher (CZT). **Materials fee of \$12 payable to the instructor the first night of class. Limit of 15 students.**

**Tuesdays 6:30-8:30 PM**  
**WHS Room 20**  
**3 weeks 2/25 - 3/10**  
**Instructor: Kelley Kelly, CZT**  
**Course Fee: \$40**



## DRAWING WILDLIFE IN COLORED PENCILS

This class will teach the novice, as well as the more experienced wildlife enthusiast, the basic skills in creating a realistic animal portrait using colored pencils. **New students will start from the beginning. Those who took the class previously will advance their technique.** Learn the techniques of layering, blending and shading to create realistic looking fur. Then find the darkest areas and the lightest lights to show where the light source is originating from and how that plays a key role in making your picture look realistic. **Limited to 20 students. Please bring the following to class:**

1. Magazine or calendar color print of the wildlife (bird or animal) of your choosing
2. 11 x 14 Strathmore sketch pad
3. Prismacolor colored pencils 12 or 24 pack.

(Note: Sketch pad and pencils available at Michael's crafts or other art supply stores)

**Wednesdays 6:00-8:00 PM**  
**WHS Room 20**  
**5 weeks 2/26 - 3/25**  
**Instructor: Nick Frasco**  
**Course Fee: \$85**



**NOTHING CANCELS A CLASS QUICKER  
THAN WAITING FOR THE LAST MINUTE  
TO SIGN UP!**

**IF YOU WAIT IT MIGHT BE TOO LATE!**

## ADVANCED ZENTANGLE

Are you ready for more Zentangle? Joins us for Advanced Zentangle. Over the course of two evenings, we'll explore advanced tangle patterns, merging tangles into each other and developing strings! Bring your Zentangle materials and a sketchbook (if desired). Intro to Zentangle or beginner experience required for this class. **Limit of 15 students.**

**Tuesdays 6:30-8:30 PM**  
**WHS Room 20**  
**2 weeks 3/31 - 4/7**  
**Instructor: Kelley Kelly, CZT**  
**Course Fee: \$28**



## BIRDS, BOTANICALS & BUTTERFLIES IN WATERCOLORS

Whether you are a beginner, trying watercolor for the first time, or an intermediate watercolorist, this course will teach you the fundamentals of this very misunderstood medium. From how to do a background for your subject to applying a "wash", to using different tools to protect your outlines, such as masking fluid. We will address how to control and mix paint using a limited palette and the proper "press" of watercolor paper. We will have demonstrations on different techniques like "wet on wet" painting and dry brush techniques. All will culminate into a nature scene with beautiful vibrant colors. No drawing experience needed. **Limited to 14 students.**

**Please bring the following to class:**

1. Magazine or calendar color print of birds, flowers or butterflies
2. 11 x 14 Strathmore watercolor pad
3. a few H or HB pencils
4. masking fluid
5. blue painters tape
6. wooden board to tape paper to
7. pack of small tubes of primary color watercolors
8. Brushes: size 6 round, size 3, size 10 and a flat wash brush 1/2 or 3/4 inch
9. pallet with wells for water, a few empty jars and a roll of paper towels.

(Note: Materials available at Michael's crafts or other art supply stores) should run approximately \$25)

**Wednesdays 6:00-8:00 PM**  
**WHS Room 20**  
**5 weeks 4/1 - 5/06**  
*Note: class will not meet on 4/15*  
**Instructor: Nick Frasco**  
**Course Fee: \$85**







# Arts and Crafts



## CLAY SCULPTING 101

Is there an animal or character or perhaps something of your own design that you would like to learn how to sculpt in clay? This class is for complete beginners and those with experience are also welcome. Bring in a picture or drawing of it and we will go step by step together! Want to make a paintable figurine of your favorite character? Then join us! Learn how to read form, what to look for and ways of working clay to get proportions/ likeness and keep it all clear. We will make simple armatures based on subjects of your choice and sculpt over them in air drying paperclay. Paperclay is a professional-grade, very finely textured paper mache clay that can be sanded, painted and beautifully finished. **Cash materials fee of \$30 due to the instructor the first night of class. Limit of 10 students**

**Tuesdays 6:00-7:30 PM**  
**WHS Room 22**

**6 weeks 3/17 - 4/28**

*Note: class will not meet on 4/14*

**Instructor: D. Sassano**

**Course Fee: \$68**



**Do It Now!**

Don't let **YOUR SPOT** in a great class get away. Limited classes fill quickly.

**Mail Your Registration Promptly!**



## INTRO TO ACRYLIC POURING

Learn the techniques for acrylic pouring and discover your inner artist with this medium. Using everyday items you'll create your own wonderful, abstract artwork you'll be proud to frame. We'll start at the beginning and explore materials and products, pouring techniques, paint delivery systems, color style, choice and canvas size and shape. You'll receive instruction to get started then throughout this 4 week course, finish several beautiful pieces! Each class you will receive a kit with gloves, aprons, two canvas boards, cups and sticks for mixing. Paints and required additives will be provided for you as well as items for delivering the paint on the canvas to create the beautiful designs. You don't need to bring anything but your desire to learn something new! **Cash materials fee of \$40 due to the instructor the first night of class. Limit of 10 students.**

**Mondays 6:00-7:30 PM**

*Note: First class will run until 8:00 pm*

**WHS Room 22**

**4 weeks 2/24 - 3/16**

**Instructor: Nina Murphy**

**Course Fee: \$46**



## WIRE WRAPPING JEWELRY 101

In this beginner's class learn how to wrap your beach finds into wearable art! Laurie Lynne of Creative Girl Studios will be teaching how to select items to wrap and several wrapping techniques. Supply fee includes all materials, use of tools and info sheet. Choose one beautiful geode slice stone and one sea glass piece from her beautiful selection, colorful wires and leave with 2 finished pendant necklaces. **Cash materials fee of \$20 due to the instructor the first night of class. Limit of 12 students**



**Monday 3/02 one session**

**6:30-8:30 PM**

**WHS Room 20**

**Instructor: Laurie Lynne**

**Creative Girl Studios**

**Course Fee: \$28**



## SPRING WREATH

Make an 8" wreath with spring-colored flowers perfect to hang or place around the base of your favorite scented glass pillar candle. Instructor has many years experience with floral design and sustainably grown flower arrangements. You will be provided with Styrofoam wreath base and silk flowers needed to complete the project. All you need is a precision glue gun (the smaller ones with narrow/mini glue sticks). Experience using it is helpful but not necessary. **BYOGG (bring your own glue gun)** - small one is best - less waste and less opportunity for finger burns! Don't forget a supply of glue sticks too! **Cash materials fee of \$10.00 due to instructor the night of class. Limit of 12 students.**

**Monday 3/30 6:00 - 8:30 PM**

**WHS Room 410**

**Instructor: Joanne Norris**

**Course Fee: \$ 30**



### DO YOU HAVE A TALENT OR SKILL YOU'D LIKE TO SHARE WITH OTHERS?

Consider teaching an enrichment course in an upcoming semester!



Complete the Course Proposal form today!

(see page 21 for details or call us at 860-571-8250)



# WRITING & PHOTO

## THE ART OF WRITING POETRY

There is a poet within all of us, and what a joy to be able to put the poetry that's in our hearts onto the page. In this class, learn how to create vivid, concrete, accessible poetry that you will be proud to share with the world. We will explore the heart of the poem and find it's emotional core. Discover how to use all the wonderful rhetorical devices, such as metaphor, simile, alliteration, repetition, rhyme, rhythm, form, and imagery that make poetry profound and exciting. Explore techniques both sublime and supreme to create poems that evoke emotion in the reader. We will learn how to take big ideas and chisel them down into sculpted verses that leave a lasting impression. Join us and discover your inner poet!. Bring writing materials, whether it's a pen and notebook or a laptop, as this will be a hands-on writing class in a friendly, non-judgmental environment. **Limited to 12 students.**

Wednesdays 6:00-8:00 PM  
WHS Room 221  
5 weeks 2/26 - 3/25

Instructor: Eileen Albrizio, Author  
of THE WINDSOME TREE: a ghost story

Course Fee: \$ 60



## SHORT STORY WRITING

A short story is a brief, exciting adventure for many readers. It captures a moment in time and throws us into the heart of an incredible journey right from the beginning. If you have an idea for a short story but don't know where to start, or you've begun writing but are stuck moving forward, then this is the perfect class for you. In this five-week course, we will explore what genre fits you best, how to outline a plot, develop scenes, build three-dimensional characters, develop tone and voice, learn techniques in pacing, hone down the story into a concise nugget, and much more. You can start a new project, or work on one already in progress. This class is open to writers of all levels.. Bring writing materials, whether it's a pen and notebook or a laptop, as this will be a hands-on writing class in a friendly, non-judgmental environment. **Limited to 12 students.**

Wednesdays 6:00-8:00 PM  
WHS Room 221  
5 weeks 4/1 - 5/6

Note: class will not meet on 4/15

Instructor: Eileen Albrizio, Author  
of THE WINDSOME TREE: a ghost story

Course Fee: \$ 60



## PHOTOGRAPHY W/YOUR DIGITAL CAMERA Basics & More

This hands-on photography basic techniques and practice class covers the use of any type of digital camera and related accessories. The following will be covered: how to take control of your camera, including using flash, exposure composition, ISO, white balance, composition, and lighting, so you can consistently achieve high quality photographs . We will also cover downloading, backing-up photos, basic image editing, printing and sharing photos. You will need to bring to class: camera with fresh or fully charged battery and/or battery charger, instruction book and any accessories related to the camera. Any questions you may contact the instructor at Phototeacher@gmail.com **Limit of 12 students**



Wednesdays 6:00 - 8:30 PM  
WHS Media Center Classroom (14E)  
4 weeks 2/26 - 3/18  
Instructor: Matthew Kabel  
Course Fee: \$75

### Confirmations and reminders are not sent!

If a class is full or canceled you will be notified and your course fee refunded.

**No other refunds will be issued.**  
**Please check your schedule to avoid conflicts.**

**Mark your calendar!**

## ADVANCED CAMERA TECHNIQUES

Topics covered in this class may include composition photography, night photography, stop action/high speed photography, close-up photography, portrait photography and supplemental lighting. We'll also discuss some photo-editing techniques, determine software requirements, touch upon HDR and panoramic photography, camera menus sensor cleaning, lens accessories, tripods, etc. You will need to bring to class, your camera with fully charged battery and/or battery charger, instruction book, lenses, tripod, flash unit, any brand of digital interchangeable lens camera or select advanced fixed lens camera. **Please note: This class is not for Point-and-Shoot type cameras.** If unsure, inquire before registering by contacting the instructor at Phototeacher@gmail.com **Limit of 12 students**

Wednesdays 6:00 - 8:30 PM  
WHS Media Center Classroom (14E)  
4 weeks 4/22- 5/13  
Instructor: Matthew Kabel  
Course Fee: \$75



Residents of ALL Towns may enroll in classes. Everyone pays the listed course fee. **No Discounts Apply**

# Cooking and Nutrition

Register  
now!

## CUPCAKE DECORATING 101

In this one-session crash course students will learn the basics of cupcake decorating for parties! You'll learn how to use a piping bag, how to fill cupcakes and how to create chocolate candy mold toppers. You'll be surprised how easy it is to make impressive cupcakes. Please bring 12 naked cupcakes with a container to transport them that won't crush the top! All other supplies provided. **Cash materials fee of \$15 due to the instructor the night of class** Limit of 12 students



Wednesday 4/01 6:00-7:30 PM  
WHS Culinary Classroom  
Instructor: Ashley Parker  
Course Fee: \$30



## LET'S GET SCONED

This new class will teach you how to make delicious scones. Recipe options will include a variety like traditional oat & currant, cranberry-orange, lemon-blueberry, and chocolate chip. Each "team" will make a different kind, and then we'll share so everyone will go home with a sampling of several types. You will also learn how to bake by weight using a digital kitchen scale to measure ingredients. It is really easy, and you won't have a bunch of measuring cups to wash when you're done! Cash materials fee of \$5 is payable to the instructor the night of class. Visit [www.AtTheStove.com](http://www.AtTheStove.com) for more info. **Limit of 14 students.**

Monday 3/23 6:00-9:00 PM  
Silas Deane Middle School Room 101  
Instructor: Don Dickey  
Course Fee: \$36



## COMFORTING SOUPS & STEWS

There's nothing like a warm bowl of soup on a cold winter night! Whether it's thick and rich or brothy and robust, these recipes are sure to satisfy. In this class you'll learn techniques for making soup bases, balancing the five flavors, and developing umami with simple ingredients. We'll create three gluten-free vegan soups made with beans, legumes, and noodles and garnishes with fresh herbs and spices. Bring containers to take home extras. **A materials fee of \$10 is payable to the instructor the night of class. Limit of 10 students.**



Wednesday 2/26 6:00-8:30 PM  
WHS Culinary Classroom  
Instructor: Chef Mary Lawrence  
Course Fee: \$35

Everyone pays the listed course fee. Wethersfield seniors (62+) may waive the registration fee. No other discounts apply.

## COOKIE DECORATING TECHNIQUES

Create inspired cookies that your family and friends can't resist and are almost **too pretty to eat!** This one-night course will help you move beyond the standard drop cookie with sprinkles to create works of art for every season. We will learn to outline, flood, create small decorations and use a variety of techniques to ensure the best looking cookies, even if you are a beginner. Tools will be available for use during class. Six baked sugar cookies along with a variety of icing consistencies and colors will be provided. **Cash materials fee of \$10 due to the instructor the night of class** Limit of 10 students



Wednesday 4/08 6:00-8:30 PM  
WHS Room Culinary Classroom  
Instructor: Cara Alexopoulos  
Course Fee: \$35

## EASY GOURMET

Take a guided culinary tour, exploring a variety of cuisine (both domestic and international) which will spice up your life, and expand your palate and menu options. You will prepare dishes to be enjoyed during class --truly a hands on experience -- and leave armed with gourmet recipes. Learn to make appetizers, salads, entrees, desserts and more! Bon Appetit! **Cash material fee of \$60 payable to the instructor the first night of class.** Bring a container for enjoying any leftovers at home! **Limit of 15 students.**

Tuesdays 6:00-8:00 PM  
WHS Culinary Classroom  
6 weeks 2/25 - 3/31  
Instructor: Chef Diana Lynch  
Course Fee: \$ 70



Please remember to bring listed material fees due to instructor on the night of class. Cash or Money Order only. Thank you!

## EASY GOURMET SECOND HELPING

This 3-week culinary adventure is for those who have previously taken the Easy Gourmet basic class. We will continue along using skills you've learned as we prepare new recipes to be enjoyed during class. Join us for a 'second helping' of appetizers, salads, entrees, desserts and more! **Cash material fee of \$30 payable to the instructor the first night of class.** Bring a container for enjoying any leftovers at home! **Limit of 15 students.**

Tuesdays 6:00-8:00 PM  
WHS Culinary Classroom  
3 weeks 4/21 - 5/05  
Instructor: Chef Diana Lynch  
Course Fee: \$ 35



# Cooking and Nutrition

## REDUCE YOUR HEALTH RISKS WITH DIET

A well-chosen healthy diet can increase your energy, relieve aches and pain, and even heal major chronic illnesses. Changing life-long eating habits can be confusing and difficult, but there are good reasons for giving it a try. Healthy eating is not about strict dietary limitations, staying unrealistically thin, or depriving yourself of the foods you love. Rather, it's about feeling great, having more energy, improving your outlook, and stabilizing your mood. If you feel overwhelmed by all the conflicting nutrition and diet advice out there, you're not alone. It seems that for every expert who tells you a certain food is good for you, you'll find another saying exactly the opposite. But by attending this class, you can cut through the confusion and learn about a healthy diet that is as good for your mind as it is for your body and reduce your health risks. This class will discuss nutrition, food sensitivity, gluten-free foods and blood type diets. **Limited to 12 students.**

**Monday 2/24 6:30-8:30 PM**  
**Naturopathic & Acupuncture Health Center**  
**274 Silas Deane Hwy, Weth**  
**Instructor: Dr. Marie Mammone, ND**  
**Course Fee: \$30**



## NATURAL SUPPORT FOR BRAIN HEALTH

Young and old need to support the health of your brains. Whether you are 25 or 75, it's always a good time to think about ways to keep your mind healthy. People with strong minds live a richer and more fulfilling life. There is no "magic pill" for your brain. It is part of a whole ecosystem that includes your body and all your surroundings. Your brain is only 2 percent of your body weight, yet consumes 20 percent of the body's glucose. How to feed and care for it? This class will help you learn lifestyle recommendations, dietary tips and nutrients that will support your brain health. This class incorporates plenty of mental, physical, and nutritional ways to keep your mind sharp throughout your lifetime. **Limited to 12 students.**

**Monday 3/9 6:30-8:00 PM**  
**Naturopathic & Acupuncture Health Center**  
**274 Silas Deane Hwy, Weth**  
**Instructor: Dr. Marie Mammone, ND**  
**Course Fee: \$30**



## CULINARY HERBS

Herbs have a variety of uses including culinary, medicinal, or in some cases even spiritual usage. This class will focus on culinary herbs or cooking herbs. The history and the healthy benefits of herbs will be discussed with emphasis on herbs you can grow in your own garden. **Limited to 12 students.**

**Monday 4/20 6:30-8:00 PM**  
**Naturopathic & Acupuncture Health Center**  
**274 Silas Deane Hwy, Weth**  
**Instructor: Dr. Marie Mammone, ND**  
**Course Fee: \$30**



# DIY, Home & Garden

## YOU CAN TILE A BACKSPLASH!

If you want to update your kitchen or bathroom without knocking down walls, consider some fresh paint and adding a backsplash. With so many choices of tile and materials it's easier than you think to get a great new look. Don't be discouraged, with the right tools, materials and instructions, it doesn't need to be overwhelming. Workshop is instructional and hands-on. **You'll take home a bucket, notched trowel, grout float, grouting gloves and sponge.** Learn how to get started so you can complete a home project you will be proud to show off! **Limit of 12 students.**

**Wednesday 3/18 6:00-9:00 pm**  
**WHS Room 22**  
**Instructor: Scott Marhefki**  
**Course Fee: \$45**



## BASIC PLUMBING

You need a professional for big jobs, but you can save money by doing some simple plumbing repairs yourself. Learn what tools and skills you'll need to complete simple tasks yourself. Join us for this one-night workshop and see how easy it can be to repair a leaky toilet or install a new one. For a new unit, we'll cover step by step from disconnecting the supply lines, using a wax ring vs universal rubber one, and more. We will also cover common toilet problems from testing for leaks to replacing the flange. Faucet problems? Learn how to disassemble the old one and repair or replace that too. **Limit of 8 students.**

**Wednesday 4/22 6:00-9:00 pm**  
**WHS Room 24**  
**Instructor: Scott Marhefki**  
**Course Fee: \$35**



## CUT THE CABLE (OR DITCH THE DISH) AND SAVE \$\$\$

Tired of paying more each year, month after month, for cable or satellite television? Do you get hundreds of channels but have nothing to watch? Take this class to learn how to get digital television, even HD for free. Yes, it is completely legal. In our area you can receive over 40 channels of over-the-air television. Learn about "stealth antennas" and how to make one for under \$10. You will also learn about some great channels you might be missing on cable (or a dish) like Create and World along with what channels you will lose if you cut the cord. We will also cover options to replace pay-per-view and the "triple-play" with better and more cost-effective choices. You could save enough to buy a new HDTV in just a few months. **Limit of 20 students.**



**Monday 2/24 6:30-9:00 PM**  
**WHS Media Center**  
**Instructor: Don Dickey**  
**Course Fee: \$38**



# DIY, Home & Garden

**Small Engine Repair**  
and  
**Know Your Car**  
will return  
in the Fall 2020 semester



## REPLACEMENT WINDOW WORKSHOP

**Compare Products and Prices. See How Windows Are Properly Installed!** Want to save on your heat and air conditioning bills and take advantage of any incentive programs available but don't know where to start? Low-E, Argon, Triple Pane, Wood, Vinyl. How much should I pay for good quality windows. Confused? Don't be! Come learn from an experienced Master Carpenter. This workshop is a must for anyone thinking about having windows replaced or replacing windows themselves.



**Wednesday 4/01 6:30-8:30 PM**  
**WHS Room 51**  
**Instructor: Paul O'Doherty**  
**Course Fee: \$20**



# Languages



## ITALIAN LANGUAGE & CULTURE - Beginner

This course is designed for intellectually curious individuals and travelers. Monica Dominioni leads this dynamic class for those without prior Italian experience who desire to achieve the necessary language and cultural knowledge to travel to Italy with confidence. Join this former Yale University instructor, whose 20 years of experience make her an exceptional and knowledgeable guide. You will be amazed how easy it is to learn and become travel ready. The textbook for this class, **Barron's Painless Italian (2nd edition)** can be purchased in the Adult Ed office for \$10 or from a local bookseller. Limited to 15 students.



**Tuesdays 5:30-7:00 PM**  
**WHS Room 210**  
**10 weeks 2/25 - 5/05**  
*Note: class will not meet on 4/14*  
**Instructor: Monica Dominioni**  
**Course Fee: \$85**

## AMERICAN SIGN LANGUAGE FOR BEGINNERS

Open the doors of communication when you learn some basic conversational sign language. In this course students will learn to fingerspell the American Sign Language alphabet and learn to sign basic words and phrases of communication. We will cover colors, numbers, family members, etc. Students will be able to sign familiar words and short phrases at the end of the course. No textbook is needed. Handouts will be provided. Lessons will be fun and educational. This basic course can also be helpful for those working with special needs population. **Limited to 12 students.**

**Wednesdays 6:00-7:00 PM**  
**WHS Room 216**  
**6 weeks 2/26 - 4/1**  
**Instructor: Connie Davids**  
**Course Fee: \$38**



## ITALIAN LANGUAGE & CULTURE- Intermediate

This intermediate level course will be a unique opportunity to practice and improve on language skills in a variety of ways. We will focus on improving reading, writing and fluency with more complex conversations. As always Monica makes book and hand-out learning lively and fun. Then, we will go beyond learning from a book as we incorporate watching and discussing two Italian films with English subtitles. A true cultural experience that will enhance your conversational skills and knowledge of the Italian culture. Don't miss this great learning environment! For this course we will continue with Barron's **Painless Italian (2nd edition)** used in the beginner class as well as handouts. Those needing the book may purchase it from a local bookseller or in the Adult Ed office the first night of class (\$10). **Films will be: *Pane e tulipani (Bread & Tulips, 2000)* and *Johnny Stecchino (1991)*** Limited to 15 students.



**Tuesdays 7:10-8:40 PM**  
**WHS Room 210**  
**10 weeks 2/25 - 5/05**  
*Note: class will not meet on 4/14*  
**Instructor: Monica Dominioni**  
**Course Fee: \$85**



## INTERMEDIATE ASL CLASSES

This second-level course is for those students who have already taken a Beginner class and feel confident with their knowledge of the basics to move to the next level. Students will continue to learn new words and phrases to expand their sign vocabulary. Students will learn to sign short dialogs with partners using the signs they've learned. This is a fun and educational class! **Limited to 12 students.**

**Wednesdays 7:15-8:15 PM**  
**WHS Room 216**  
**6 weeks 2/26 - 4/1**  
**Instructor: Connie Davids**  
**Course Fee: \$38**





# Finance and Investments



## MEDICARE 101

Are you a little confused trying to understand how Medicare works and what is best for YOU? Please join us for this educational Medicare seminar (no selling) and learn about your health care options. You will learn how and when to enroll in Medicare and how to choose the right plan that addresses your specific health-care needs. Did you know that Medicare can also be available to those under 65 who may qualify because of their specific health care needs? The little known Medicare Savings Program will also be discussed



**Wednesday 3/11 one session**  
**6:30-8:00 PM WHS Media Center**  
**Instructor: Robert Pun**  
**Pun Insurance**  
**Course Fee: \$14**

## SOCIAL SECURITY: YOUR QUESTIONS ANSWERED

Social Security will likely be the foundation of your retirement income. Before you retire it's important to understand your options and the impact your decisions have on your retirement. Join us for our presentation where we'll discuss:

- When should I start taking benefits?
- What are my benefit options?
- How does SS fit into my retirement income plan?
- What about taxes?



**Tuesday 4/21 one session**  
**6:30-8:00 PM WHS Media Center**  
**Instructor: Robert Pascale, AAMS**  
**Edward Jones Investments**  
**Course Fee: \$14**

## PLAN YOUR SOCIAL SECURITY WITH CONFIDENCE

The rules for Social Security change often so what you thought you knew may be different now! When should you take your Social Security? How do you apply? What impact does your spouse's Social Security have on what you collect? This ninety-minute presentation covers not only the basics of Social Security but also reveals strategies for maximizing your benefits. We will discuss how to minimize taxes on Social Security benefits and how to coordinate your Social Security with your other sources of retirement income. We welcome your questions about Social Security benefits as you explore your own personal options in making this financial decision.



**Monday 4/6 one session**  
**6:30-8:00 PM WHS Media Center**  
**Instructors: Charles Yannich &**  
**Albert D'Agosto, CLU, ChFc, CDFA**  
**Course Fee: \$14**

## YOU REALLY NEED TO HAVE AN ESTATE PLAN (Learn Why)

Did you know that if you don't create your own estate plan, some of your end of life decisions are dictated by the State of Connecticut? If you're OK with this, you really don't need to take this course! But if you would like to decide how your estate is divided, who is responsible for your care, who gets custody of your minor children, and more...this course is for you! Come learn from an experienced elder law attorney about important documents **every adult** should have. You'll learn about Wills, trusts, powers of attorney (POA) and healthcare directives. You'll walk away knowing what these documents are for, and what you need to do to create them. You'll also learn about the probate process and how it works. Even if you already have an estate plan, there's a good chance it needs updating because laws often change. All students will receive an easy-to-understand estate planning guidebook written by our attorneys.

**Tuesday 3/24 one session**  
**6:00-7:30 PM WHS Media Center**  
**Instructor: Attorney Ruth Fortune**  
**Czepiga, Daly, Pope & Perri**  
**Course Fee: \$14**



## THE TRUTH ABOUT MEDICAID RULES AND LONG-TERM CARE COSTS

Long-term care is necessary for a lot of people. But long-term care is expensive. VERY expensive. You've likely heard horror stories of people losing their houses to pay for care. Or about nursing home costs being over \$13,000 per month. What's worse is the misinformed "advice" that is often heard through the proverbial grapevine:

- "It's OK to give away \$15,000 per year."
- "If your money is in a trust, it's safe."
- "You can just give your house to your kids."

These statements aren't necessarily true! Long-term care planning **MUST** be done the right way. If it's not, your assets might be at risk. Come learn the truth from an experienced elder law attorney. You'll walk away understanding how you can properly protect your life savings. You'll also learn about Medicaid and how it can help you pay for long-term care costs. You'll learn strategies to protect money if a crisis arises. Medicaid's confusing rules, what it takes to apply, who can help you complete an application, and much more will be covered. All students will receive an easy-to-understand Medicaid and planning for long-term care guidebook written by our attorneys.

**Tuesday 3/31 one session**  
**6:00-7:30 PM WHS Media Center**  
**Instructor: Attorney Brendan F. Daly**  
**Czepiga, Daly, Pope & Perri**  
**Course Fee: \$14**



# Finance and Investments

## WHAT THE HECK IS A TRUST? ..... AND DO I NEED ONE?

You've heard about trusts. But what exactly are they and what do they do for you? You've heard about different types --Revocable. Irrevocable. Special Needs. Testamentary. In a nutshell, a trust is an ownership system between 3 people --the first person who gives the second person legal right to hold money (or other assets) for the third person who receives the money. Simple, right? Well...there's a little more to trusts than just that! In this course we'll explain how trusts are created, explain the different types of trusts, and go over who you should choose to participate. You'll walk away knowing how to use trusts to do things like...minimize and/or avoid taxes, protect assets and keep public benefits for loved ones with special needs, and how to avoid probate court. Whether you are new to trusts or even understand them well, you'll walk away understanding how to use these powerful planning tools to your advantage.

Tuesday 4/07 one session

6:00-7:30 PM

WHS Media Center

Instructor: Attorney Brendan Daly

Czepiga,Daly,Pope & Perri

Course Fee: \$14



## SPECIAL NEEDS AND DISABILITIES:

### Helping a Loved One (or Yourself) Live the Best Life

Living with special needs or a disability is challenging for both individuals and care givers. The good news is this: there are lots of available public benefits, resources, and tools available to help. But the bad news is that these resources can be confusing and even hard to find. Come learn from a Connecticut special needs planning attorney who knows how to safeguard the more complex rights and interests of those with disabilities and special needs. You'll learn about housing options, employment, and public benefits. You'll also learn about valuable planning tools like ABLE accounts and special needs trusts that can help you preserve money and not jeopardize eligibility for public benefits. Whether you're caring for yourself or a loved one, you'll walk away with knowledge on how to create a financial plan that works now and into the future. All students will receive an easy-to-understand disability planning guidebook written by our special needs planning attorneys.

Tuesday 4/28 one session

6:00-7:30 PM

WHS Media Center

Instructor: Attorney Colleen Masse

Czepiga,Daly,Pope & Perri

Course Fee: \$14



## MAKING YOUR RETIREMENT MONEY LAST

Are you concerned that your savings and investments may not last as long as you need them to in retirement? Do you know what an appropriate withdrawal rate is for your money? This class will teach retirees and individuals planning their retirement the strategies to make their money last. We will review some of the most important financial topics retirees face today and in the future. We will look at several ways to turn your savings into an income source so you can afford to live in retirement. We will also discuss the impact of inflation and how to offset its effects.



Tuesday 3/17 one session

6:30-8:00 PM WHS Media Center

Instructor: Robert Pascale, AAMS

Edward Jones Investments

Course Fee: \$14

Important Information



MARK YOUR CALENDAR!

Don't Miss Out on a Class  
You Signed Up For!!



Don't forget to provide a valid email address when you register. We only use it for communication about classes!



Complete the **Registration Form** inside the back cover.  
**Mail promptly. If you wait it might be too late!**

## SCHOOL CANCELLATION

Adult Ed classes are not held when Weth Public Schools are on vacation or closed due to inclement weather/unanticipated reasons. Posts will be made on **WVIT**, **WFSB**, on our website, **Facebook** and a message on our main phone line: **(860) 571-8250**. Classes will be made up if time permits. If an individual instructor will be absent for any reason, he/she will make notifications and the class will be rescheduled.

Residents of ALL Towns may enroll in classes. Everyone pays the listed course fee. **No Discounts Apply**



# Exercise, Health and Wellness



## BEGINNING COUNTRY WESTERN PARTNER & PATTERN DANCING

This brand new class will introduce dancers to all forms of C/W pattern and partner dancing. Dancers will be introduced to the dozens of dance moves and amalgamations that can be performed in each side by side partner dances (i.e. the Cotton-Eyed Joe). Several side by side pattern dances will be taught. Dancers will also be introduced to 5 basic Partner Line Dance positions and will explore how the basic dance positions can be linked together, manipulated, and adapted to a wide variety of line dances. Wear comfortable shoes (*no black soled rubber shoes --they mark up the dance floor*), and bring a water bottle. This class is designed for partners (2 people) but single dancers can benefit from the class also by learning the dance steps and patterns and performing the dance solo alongside the partner dancers. Questions? Email instructor: [sunshineentertainment@aol.com](mailto:sunshineentertainment@aol.com)

**Mondays 6:00 - 7:30 PM**

**WHS Cafe**

**8 weeks 2/24 - 4/20**

*Note: class will not meet on 4/13*

**Instructor: Chris Hookie**

**Course Fee: \$55 Indiv \$75/Couple**



## BEGINNING SWING DANCING FOR COUPLES

The "Swing" is as versatile as the music it is performed to. In just 8 weeks you will learn the basics to a variety of popular Swing Dance Patterns performed worldwide (i.e., Western Swing, Street Hustle, Latin Swing patterns, a taste of Salsa and more!) Dancers will "swing" to Rock Pop, country and big Band tunes. Proper leading, following, and hand positioning skills, as well as rhythmic skills will be taught. Beginning through intermediate level moves and twirls will be taught. Once one pattern is learned, the remaining patterns become easier and easier to add on. Dancers will even have the opportunity to develop and create their own dance moves. Class is designed for the beginning dancer. No dance experience is necessary but some would greatly enhance your learning ability. Wear comfortable shoes (*no black soled rubber shoes --they mark up the dance floor*), and bring a water bottle. **You must register as a couple.** Questions? Email instructor: [sunshineentertainment@aol.com](mailto:sunshineentertainment@aol.com)

**Mondays 7:30 - 9:00 PM**

**WHS Cafe**

**8 weeks 2/24 - 4/20**

*Note: class will not meet on 4/13*

**Instructor: Chris Hookie**

**Course Fee: \$75 per couple**



BY ENROLLING IN AN EXERCISE CLASS  
YOU CONFIRM YOU HAVE NO PHYSICAL CONDITION THAT  
WOULD MAKE YOUR PARTICIPATION  
HAZARDOUS TO YOUR HEALTH.

PLEASE CHECK WITH YOUR PHYSICIAN IF IN DOUBT.

*Try something new today*

## GOLF FORE WOMEN 101

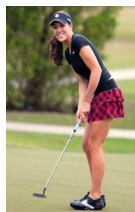
This introductory class is designed for golfers that have never played. In five 75 minute long lessons, our instructors will cover everything you need to know to play your first round of golf. Classes will cover the basics of the golf swing, putting, short game techniques, rules and etiquette. The instructors will also discuss what you need to golf, therefore, it is recommended that you do not go out and buy clubs until you have started this class. You will be given a static club fitting which will allow the instructor to make a recommendation as to which clubs to buy. Participants will receive a coupon for 10% merchandise discount. **Limited to 10 students.**

Indicate which Session you are registering for!

<b>Session One: Mondays</b>	<b>1:00 - 2:15 PM</b>	<b>3/30 - 4/27</b>
<b>Session Two: Thursdays</b>	<b>5:15 - 6:30 PM</b>	<b>4/2 - 4/30</b>
<b>Session Three: Saturdays</b>	<b>10:00 - 11:15 AM</b>	<b>4/4 - 5/1</b>

*Note: These classes WILL meet during the vacation week.*

**Golf Center at Lyman Orchards**  
700 Main Street, Middlefield  
Course Fee: \$115



## MEN'S PLAYING THROUGH THE FRONT NINE

This program is designed for those who have not played or have limited exposure to the game of golf in a number of years. In 5 one-hour lessons, our coaches will cover everything you need to know to play your first or next round of golf. Classes will cover the basics of the golf swing, putting, short game techniques, rules and etiquette. Equipment will be provided. Coaches will also discuss what your equipment needs will be when you decide to purchase clubs. A static club fitting will allow the coach to make recommendations for which clubs to buy. Lessons will also include on-course activities and your coaches will ensure a fun and safe experience each step of the way. It is recommended that upon completion of the 101 class, that you consider moving into the next level of instruction, our 201 classes that will continue your development into a confident golfer. Please inquire with your coach for details. **Limited to 10 students.**

Indicate which session you are registering for!

<b>Session One: Mondays</b>	<b>1:00 - 2:00 PM</b>	<b>3/23 - 4/20</b>
<b>Session Two: Weds</b>	<b>10:00-11:00 AM</b>	<b>3/25 - 4/22</b>
<b>Session Three: Fridays</b>	<b>4:00-5:00 PM</b>	<b>3/27 - 5/1</b>

*Note: These classes WILL meet during the vacation week.*

**Golf Center at Lyman Orchards**  
700 Main Street, Middlefield  
Course Fee: \$115







# Exercise, Health and Wellness

## DANCES FOR WEDDING SURVIVAL!

One of the sure signs of spring are weddings on your calendar. Whether you are getting married, you're in a wedding or will be attending one, enjoying the reception party festivities means dancing. While you never really need a *reason* to dance maybe you do need more confidence know others will see you dancing. Come see how easy it is to learn the basics of Foxtrot, slow dancing, Swing, Merengue, Hustle and Salsa and dump that "I have two left feet" feeling and have fun on the dance floor. Wear comfortable shoes (*no black soled rubber shoes --they mark up the dance floor*). **No partner required and no previous dance experience necessary!** Limited to 20 students.



**Tuesdays 6:30 - 8:00 PM**  
**WHS Cafe**  
**6 weeks 2/25 - 3/31**  
**Instructor: Frank Rende, Jr.**  
**Course Fee: \$48**



## METAPHYSICS - INTUITIVE DEVELOPMENT

In this course we will look at, discuss and explore all the different aspects of what are our five senses and beyond. We are all Intuitive, but usually don't know how to develop it or use it. We will learn the difference is in being intuitive or psychic. And by using games and exercises we will develop our skills. We'll explore seeing auras, psychometry, tarot cards readings, Oracle cards, dreams, spoon bending, meditation and other interesting areas. This course is for all levels. Come and learn, remember, have fun and experience who you are!

**Tuesdays 6:30-8:00 PM**  
**5 weeks 3/24 - 4/28**

*Note: class will not meet on 4/14*

**WHS Room 51**

**Instructor: John Mammone, MAcOM, LAc**  
**Course Fee: \$46**



## MEDITATION FOR HEALTH & WELLNESS

Meditation can help cultivate healthy habits, boost creativity, overcome stress, foster happiness and peace. It can result in a state of calmness, physical relaxation, and psychological balance. Practicing meditation can change how you relate to the flow of emotions and thoughts in your everyday life. This class is for anyone who would like to explore meditation. Beginners and anyone who has tried or is doing meditation are welcome. You will learn several types of meditation techniques. We will discuss the difference between the goals of meditation and the purpose. Just bring yourself, dress comfortably and be prepared to enjoy the moment. **Limited to 15 students.**



**Mondays 6:30-7:30 PM**  
**Emerson Williams Music Room**  
**5 weeks 2/24 - 3/23**  
**Instructor: John Mammone, MAcOM, LAc**  
**Course Fee: \$46**

## REIKI ENERGY HEALING CERTIFICATION

Reiki is Japanese for the universal life force, and is a word used to describe a system of energetic natural healing. Upon completion of Reiki 1 you will know the hand positions for applying self-treatment and to give others a Reiki treatment. You will learn what Reiki is, how it works, why it works, how it is performed, the Chakra system, Reiki principles and the history of Reiki. You will receive the Level 1 Attunement and a Certificate of completion as a Reiki Level 1 Practitioner. Students must attend all three sessions. **Limited to 8 students.**



**Tuesdays 6:30-8:00 PM**  
**3 weeks 2/25 - 3/10**  
**Naturopathic & Acupuncture Health Center**  
**274 Silas Deane Hwy, Wethersfield**  
**Instructor: John Mammone, MAcOM, LAc**  
**Course Fee: \$85**

## REIKI LEVEL 2 CERTIFICATION

In Reiki 2 you will learn three ancient, powerful healing symbols. This one day class will provide instruction and practice on how to fully utilize these symbols during your Reiki sessions with self and others. With this comes the skill to be able to focus healing on mental and emotional problems and to do distant healing on those not physically present. We will do a Reiki meditation to visit with our guides. A book on Reiki will be given to each student. You will receive the Reiki Level 2 Attunement and a Certificate of completion as a Reiki Level 2 Practitioner. **Pre-requisite: Reiki 1 (from any Master/Teacher) Limited to 8 students.**

**Saturday 4/04 10:00 AM - 4:00 PM**  
**Naturopathic & Acupuncture Health Center**  
**274 Silas Deane Hwy, Wethersfield**  
**Instructor: John Mammone, MAcOM, LAc**  
**Course Fee: \$95**



## TAI CHI FOR LONG LIFE

Tai Chi is a unique health and fitness program designed to reverse many symptoms associated with normal aging, reduce the harmful effects of stress, instill a deep sense of calm and relaxation, increase vitality and improve one's balance. All fitness levels welcome. Wear comfortable, loose clothing and sneakers or flat shoes. **Limit of 20 students.**



**Mondays 7:00-8:00 PM**  
**Emerson-Williams GYM**  
**10 weeks 2/24 - 5/4**  
*Note: class will not meet on 4/13*  
**Instructor: Kenneth Zaborowski**  
**White Lotus Taijiquan**  
**Course Fee: \$56**



# Exercise, Health and Wellness

Register  
now!

## MAT PILATES

Join this class for a total core workout. This class is low impact (i.e. done entirely on your mat!) so it is extremely easy on the joints...but heavy on results! Mat pilates was invented decades ago by Joseph Pilates, as a way to utilize one's own body as resistance and to strengthen and lengthen muscles. Pilates also uses breathwork to specifically engage the deep core muscles. Also originally utilized as a form of physical therapy within the dance community, word of its effectiveness spread over the years and Pilates exercises are now recognized as a safe and effective workout. Various props may be utilized during class... but the best prop of all is often your own body! Wear comfortable clothing and bring your own yoga mat and water bottle. **Class limited to 20 students.**

**Mondays 6:00 - 7:00 PM**

**WHS Chorus Room**

**10 weeks 2/24 - 5/4**

*Note: class will not meet on 4/13*

**Instructor: Rebecca Cashman**  
**Personal Euphoria**

**Course Fee: \$60**



BY ENROLLING IN AN EXERCISE CLASS  
YOU CONFIRM YOU HAVE NO PHYSICAL CONDITION  
THAT WOULD MAKE YOUR PARTICIPATION  
HAZARDOUS TO YOUR HEALTH.

## ZUMBA - Join the Party!

Heard of it and wondering what it is? Zumba is exercise in disguise. Zumba is a dance fitness class that incorporates Latin and International music and dance movements which create a dynamic, exciting workout. This class combines fast and slow rhythms that tone and sculpt the body in an aerobic/fitness fashion to achieve a unique balance of cardio and muscle toning. Dancers and non-dancers are welcome. Party-like atmosphere. Come join the fun! Wear comfortable clothing and sneakers with a smoother sole for dance moves and twisting. Bring water and a towel. **Limited to 35 students**

**Tuesdays 6:30-7:30 PM**

**10 weeks 2/25 - 5/5**

*Note: class will not meet on 4/14*

**WHS Gym B**

**Instructor: Tara Guglietta**

**Course Fee: \$54**



## YOGA - ALL LEVELS

Yoga is a holistic practice that offers a unique opportunity to nourish the whole person - mind, body, and spirit. We will explore basic alignment principles, different breathing and meditation techniques, and yoga philosophy. Class is appropriate for beginners with some background and all other levels who desire an in-depth holistic approach to their practice. Beginning emphasis will be placed on building a strong foundation through learning how to align the body in poses to safely increase flexibility, strength and balance. Each week will build upon lessons learned from prior weeks with time for questions and demonstration. As the course progresses the pace will increase, using the breath to connect the poses in a moderate flow. This course will be fun and interactive offering all students the opportunity to increase their knowledge of yoga poses and anatomy basics while allowing a safe open space for self-reflection and personal growth. Wear comfortable clothing, bring a yoga mat and water bottle. Other props provided. **Class limited to 25 students.**

**Wednesdays WHS Chorus Room**

**10 weeks 2/26 - 5/13**

*Note: class will not meet on 4/8 or 4/15*

**Instructor: Kandi Valiotis, RYT200**

**Course Fee: \$60**



**SPECIFY WHICH SESSION YOU ARE  
REGISTERING FOR:**

**Session 1 meets 6:00-7:00 PM**

**Session 2 meets 7:15-8:15 PM**

## CHAIR YOGA

Have you ever wanted to try yoga but felt a bit intimidated about getting on the floor? Do you have physical limitations that prevent you from certain exercises? Traditional yoga offers many health benefits including increased flexibility, increased circulation, improved mental health and more. Chair yoga provides someone with mobility challenges, such as arthritis, chronic pain, stroke or injury these same benefits. **You will have the option to do the movements seated or using a chair for support.** We will focus on improving balance, strength and flexibility. This class is suitable for students with no previous yoga experience. All you need are comfortable clothes, your enthusiasm to learn and a water bottle. **Class limited to 20 students.**

**Tuesdays 6:00-7:00**

**WHS Chorus Room**

**8 weeks 3/03 - 4/28**

*Note: class will not meet on 4/15*

**Instructor: Ellen Mangiafico, RYT500**

**Course Fee: \$50**



Residents of ALL Towns may enroll in classes. Everyone pays the listed course fee. **No Discounts Apply**

# Teaching/New Course Proposal

Thank you for your interest in Wethersfield Adult & Continuing Education. We offer two sessions per year (Spring & Fall). The selection of classes for fall catalog is done in April/May and in October/November for the spring catalog. Our current catalog can be found on our web site <https://wps.wethersfield.me> in the Our Town tab. Please complete the information below and mail to our office at 411 Wolcott Hill Rd. Wethersfield, CT 06109 **along with 3 references and sample work**. Questions? Call us at (860) 571-8250.

Name _____	Date: _____
Business Name: _____	
Address: _____	
City: _____	State: _____ Zip Code: _____
Home Phone: _____	Work Phone: _____ Cell Phone: _____
Email: _____	Fax Phone: _____

**Proposed Course Title:** \_\_\_\_\_

**Course Objective:** \_\_\_\_\_

**Course Description:** (approx 50) words as it might appear in the catalog that accurately describes and sells your course). Tell the prospective student what they will gain by this experience. Be positive.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Do you teach this course in other Adult Ed Programs? Y/N If yes, where?** \_\_\_\_\_

**No. of Sessions (weeks):** \_\_\_\_\_ **No. of Classes per week:** \_\_\_\_\_

**Days of the Week:** (evening classes M-W only except for trips) 1st Choice: \_\_\_\_\_ 2nd Choice: \_\_\_\_\_

**Start/End Date:** (classes are not held when Wethersfield Public Schools are closed. See calendar at [wps.wethersfield.me](https://wps.wethersfield.me))

**Fall Semester:** (Late September-Late November) Start: \_\_\_\_\_ End: \_\_\_\_\_

**Spring Semester:** (Late Feb -Late April) Start: \_\_\_\_\_ End: \_\_\_\_\_

**Start/End Time:** (evening classes usually do not start until 6:00 p.m. and end by 9 p.m. unless agreed upon by coordinator)

Start: \_\_\_\_\_ PM End: \_\_\_\_\_ PM

**Please list any special equipment or materials needed** (TV/VCR/DVD, computer, books, etc): \_\_\_\_\_

\_\_\_\_\_

# WETHERSFIELD ADULT EDUCATION ENRICHMENT REGISTRATION

**Classes begin FEB 24, 2020 - Open to adults (18+) residing in ALL towns.**

**By Mail: BEGINS NOW** Complete one form per person and send with check or debit/credit card information to:

**Wethersfield Adult Education**  
411 Wolcott Hill Road, Wethersfield, CT 06109

**By Phone: BEGINNING JAN 23rd** - If you are paying with MasterCard, Visa or Discover card, you may register over the phone by calling us at 860-571-8250

Mon - Fri 11:00 a.m. - 3:00 p.m.  
*(We appreciate your patience as phone lines will be busy)*

**Checks payable to "Wethersfield Board of Education"**  
Payments returned by your bank will incur an additional \$25 fee.

**\*Non-refundable registration fee is paid once per semester per person** regardless of the number of classes taken.

Registration is accepted on a first-come, first-served basis. Popular classes fill very quickly. Classes not meeting sufficient enrollment will be canceled. Register early! We cannot register you the day a class begins.

**Everyone pays the listed course fee. No DISCOUNTS or ADD'L FEES APPLY.** Wethersfield Seniors 62+ may waive the registration fee.

**Confirmations and reminders are not sent!** Please remember to **mark your calendar.** You may also include a self-addressed, stamped envelope with your registration form if you want a confirmation form.

If a class is full or canceled you will be notified and your payment refunded. **No other refunds will be issued.**

**SEE PAGE 7 FOR MORE INFORMATION.**  
Follow us on Facebook: @wethersfieldadulted



----- clip and mail -----  
**WETHERSFIELD ADULT ED ENRICHMENT REGISTRATION FORM - SPRING 2020**

NAME: (Last) \_\_\_\_\_ (First) \_\_\_\_\_

STREET \_\_\_\_\_ TOWN & ZIP CODE \_\_\_\_\_

HOME PHONE \_\_\_\_\_ ALTERNATE PHONE \_\_\_\_\_ work/cell

EMAIL ADDRESS: \_\_\_\_\_

*Wethersfield Senior (62+) Birth Month & Year* \_\_\_\_\_

**To register additional people photocopy form.** Include a SASE if you want confirmation in addition to your canceled check.

COURSE/TRIP TITLE	SESSION/MEAL CHOICE <small>(if applicable)</small>	DAY	TIME	FEE
By enrolling in an exercise course you confirm you have no physical condition that would make your participation hazardous to your health. Please check with your physician if in doubt.			<b>*Non-Refundable Registration Fee:</b>	
			<b>+ 2.00</b>	
			Total Due:	

Payment Information:  Check  **Make check payable to: "Wethersfield Board of Education"**

NAME as it appears on credit card: \_\_\_\_\_

CARD # \_\_\_\_\_ Exp Date: \_\_\_\_\_ Sec Code: \_\_\_\_\_

Signature of Cardholder: \_\_\_\_\_



**Mail to: Wethersfield Adult Education, 411 Wolcott Hill Road, Wethersfield, CT 06109**  
Questions? See page 7 for more information or Call us at (860) 571-8250



WETHERSFIELD ADULT EDUCATION  
411 WOLCOTT HILL RD.  
WETHERSFIELD, CT 06109

DELIVER TO ADDRESSEE OR CURRENT RESIDENT

NON-PROFIT  
U.S. POSTAGE  
PAID  
WETHERSFIELD, CT  
PERMIT No. 817

**“RESIDENTIAL CUSTOMER”**

## **MAIL YOUR ENRICHMENT CLASS REGISTRATION NOW!**

**COMPLETE THE FORM ON THE INSIDE OF THE BACK COVER  
MAIL PROMPTLY TO RESERVE YOUR SPOT TODAY!**



**PHONE REGISTRATION BEGINS JANUARY 23rd**

Wethersfield Residency NOT Required for Enrollment in  
Enrichment Classes but you must be at least 18 yrs old.

**SEE page 7 for IMPORTANT PROGRAM AND  
REGISTRATION INFORMATION or call 860-571-8250**



**GED, CDP, NEDP**  
for Registration and Mandatory Orientation  
information and scheduling, please visit  
[www.vrabe.com](http://www.vrabe.com)



**ESL Registration**  
**January 13, 2020 6:00 PM**  
**Adult Ed Office - Wethersfield High School**  
*Valid, state issued PHOTO ID and  
PROOF of Address required.*

*For additional information see pages 3 - 6  
or call 860 870-6060 or 860-571-8250*

**ENRICHMENT/CONTINUING EDUCATION  
CLASSES BEGIN Feb 24, 2020**

**Register Early!**  
**Popular Classes Fill Quickly!**  
**Don't let YOUR SPOT in a great  
class get away!**



Watercolors  
Needle Felting  
Soy Candles  
Mah-Jongg  
Adv Sign Language  
Basic Plumbing  
**....and more**

**TODAY**  
*is the day to  
learn something.*  
**NEW**